### HINCKLEY MOUNTAINEERING CLUB



## Thurs - Sunday 18– 21 Jun 2020 GR SD 292985 SATNAV LA21 8AP

188 mls from Hinckley (3hrs 30 mins). M6. Take J. 36 and take the A590 Westbound. Just after Newby Bridge, turn right onto A5084 at Greenod and head towards Torver, to join the A593 into Coniston. Turn left (up the r/h side of the Black Bull) & taking the dirt track up the Coppermines valley. The row of cottages stand above the road on your right (footbridge).

#### Upload your photos to our



Jonny

"Trigtastic"

#### IAN EDWARDS (ED) MEETS SEC

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# Coniston Meet - S Lakes

Irish Row Cottage Coppermines Valley Coniston

Walking: The Old Man of Coniston - straight from the door, as is Wetherlam and Swirl How. Dow Crag, Walna Scar, Tilberthwaite, Tarn Hows: Incredible variety right from the hut - that's why we keep coming back here. If you looking for some classic Lakeland walking - you'll love this venue. Book early, as we will be full!

**Climbing**: Dow Crag: Mainly long routes up to 100m in a superb mountain setting. Notoriously chilly even when the sun is shining! Classics - Arete Chimney and Crack(MS), Abraxas(E3), Eliminate A(VS), Giants Crawl(D) but from the hut, Long Crag – easy angled rough rock, that provides a good start to a scrambling day.

MTB: The North Face Trail (16km) at Grizedale: Graded as red, this trail will challenge you with it's singletrack and technical features, including some boardwalk sections. Just make sure you stop for a moment to soak up the awesome scenery. From the hut there's a short route over the Walna Scar: it will take you about 45mins up and 10 down! And of course there's a circuit of Coniston Water (17ml) which will take 4hrs with stops. Cycling: Along the eastern side of Coniston Water, to Lowick, left to Rusland and onto Windermere, Near Sawrey, Hawkshead, Ambleside, Outgate and back to Coniston - 32ml and 3700ft of ascent - like all Lakeland rides there are two key elements: going uphill and coming downhill. Don't forget to stop for the views. You'll enjoy this!

BEDS: 3 dormitories sleeping 6, 8 and 6. Large kitchen. Large boot/drying room. Separate male/female shower facilities. Large common/dining room and log burner. Don't forget your sleeping bag and tucker for and out on the hill.

STUFF you need to know: £25 for the weekend, plus a few quid for dinner Sat night We've been coming here for over 30 years and it's always a favourite so book early to avoid disappointment. Bring your own beer/wine/tea etc and the catering corps will be in action Saturday evening too. We have Thurs night too if you can get away. BEST PUB : Black Bull, possibly. Only a twenty minute walk down the hill (head-torch

required) - we'll be there Friday night of course, & catering on Sat if you want to join us.



