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HINCKLEY MOUNTAINEERING CLUB



(Thur) Fri -Sunday **16 -18 Aug 2019**

GR 877 286 SATNAV **LD3 8UR**

152mls and 3hr 07 mins from Hinckley. M42; M5; M50 Ross A40 to Brecon, continue on the A40 through Sennybridge (SAS country) and on to Trecastle. Just in the village, turn left down Chapel St, over a bridge and the farm is on your right.



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Mid Wales Weekend

Ynysmarchog Farm, Trecastle, Brecon, Powys, LD3 8UR

Walking: The Carmarthen Fans and The Black Mountain are often described as the last surviving wilderness in Wales, and you won't be disappointed with this spectacular area. Locally, Usk Reservoir is a hidden gem, offering great views and has excellent wildlife, including Red Kites.

Climbing: Nothing locally. Try Craig Carrig Gleisiad an easily accessible cliff well suited to the novice. The cliff can be reached from the layby on the A470 (GR 972223). Its also is a National Nature Reserve (NNR) and permission to climb is essential prior to climbing!

MTB: Sarn Helen: This red route is 21 miles long, and begins on country lanes and then joins the Sarn Helen road. You'll then take a tarmac descent, which runs along the Senni Valley, and then climb 150 m. You'll ride along Heol Cefn Y Gaer, passing one of the many hill forts.

Cycling: Elan Valley -one of the best places to ride a bike in Wales. You're flanked with water almost constantly from the moment you climb away from Rhayader to the Caban Coch reservoir and work your way through the valley. You'll cross dams, round lakes, and bridge streams before emerging into the so-called desert of Wales - a wide and desolate valley.

BEDS: 14 people in three bedrooms, pillow and pillowcases along with a base sheet are provided, but bring your own sleeping bag.

COST: £36 for the weekend plus maybe £4 for our group meal on Saturday night. Bring your own beer or wine (free tea) and don't forget your other food for Fri/Sat. STUFF you need to know: A beautifully restored old barn converted to bunk house accommodation, in a great location. Showers etc, large lounge and splendid patio. BEST PUB Castle Coaching Inn is about a ten minute walk. Not been in , but we're told it does good food and serves local ales. That'll do it.



The barn



